

# COVID and Beyond: Emergency Resources for Children and Youth with Disabilities

This tip sheet can connect you with resources for supporting children during the coronavirus pandemic and related disruptions to individual and family schedules, activities and wellbeing. There is also a tip sheet for adults.

## COVID-specific Resources

Delaware's website for COVID-19 updates and resources

online: <https://coronavirus.delaware.gov>



## Crisis Lines

**Medical emergency**

call or text: 9-1-1

Register for **Smart 911** to share important personal information with emergency responders.

online: <https://smart911.com/>

**National Suicide Prevention Lifeline**

online: <https://suicidepreventionlifeline.org/>

call: 800-273-8255

**Crisis Text Line**

text: DE to 741741

**Delaware Hope Line**



can connect callers with mental health concerns to clinicians, peer specialists and trained crisis counselors.

call: 833-946-7333

text: DEHOPE to 55753

**Del. Division of Prevention and Behavioral Health Services**

can connect callers with emergency help for youth experiencing abuse, neglect or a mental health or substance use emergency.

call: 800-292-9582 (abuse/neglect)

call: 800-969-4357 (mental health/substance use)

## Basic Needs

**The United Way Delaware 2-1-1 hotline**

connects callers to critical services, including food, affordable housing, financial assistance, transportation and legal services.

online: <https://delaware211.org/>

phone: 2-1-1 or 800-560-3372

text: your zip code to 898-211

**Del. Department of Education Food and Meals**

provides meals for students in need while school is closed due to COVID-19.

online: <https://www.doe.k12.de.us/domain/611>

call: 302-857-3356



**Statewide emergency resources list**

online: <https://coronavirus.delaware.gov/community-resources/>

## Health & Wellbeing

**The Accessible Pharmacy**

delivers meds to your home.

online: <https://www.accessiblepharmacy.com/>

call: 215-799-9900

**Delaware Assistive Technology Initiative**

offers free lending libraries of assistive technology in each county and consultation with specialists.

online: <https://www.cds.udel.edu/at/dati/>

call: TDD: 800-870-3284

**Del. Department of Services for Children, Youth, and Their Families (DSCYF)**

helps families support youth with behavioral and mental health needs.

online: <https://kids.delaware.gov/>

call: 302-633-2600

**Delaware Family Voices**

assists families who support children and young adults with special healthcare needs.

online: <http://www.delawarefamilytofamily.org/>

Call: 877-235-3588

**Easterseals of Delaware & Maryland's Eastern Shore**

offers caregiver support and respite services.

online: <http://www.easterseals.com/de>

call: 302-324-4444



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## EPIC Delaware

offers fitness and social activities for individuals with disabilities.

online: <http://epicdelaware.org/>

call: 302-753-3487

## Family SHADE

works to improve the quality of life for children and youth with special healthcare needs – and their caregivers – by connecting them to information, resources and services.

online: <https://www.familyshade.org/>

call: 855-755-7423

## Help is Here Delaware

provides substance use and mental health information and resources.

online: <https://www.helpisherede.com/>

call: 800-652-2929

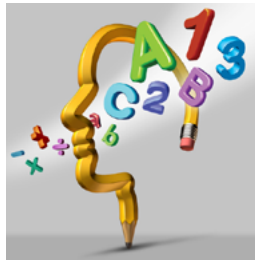
## Educational Needs & Access

### Del. Department of Education Exceptional Children's Resources Workgroup

provides information and resources to support Delaware students with disabilities.

online: <https://www.doe.k12.de.us/Page/2298>

call: 302-735-4210



### Parent Information Center of Delaware, Inc. (PIC)

offers information and support for parents of children with disabilities from birth to 26 years old.

online: <https://picofdel.org/>

call: 888-547-4412

## Internet & Communication

**Comcast** provides free Internet Essentials service for the first 60 days for new customers.

online: <http://www.internetessentials.com/covid19>

call: 888-234-4272

**Delaware public libraries**, most of which offer free WiFi hotspots

online: <https://lib.de.us/list-of-libraries/>



### Google Live Transcribe

is a free Android app that automatically transcribes speech in near-real time. online: <https://www.android.com/accessibility/live-transcribe/>

[NOTE: This app is not available for iPhones, only Android phones.]

### InnoCaption

is a mobile app that captions phone calls in real time using live stenographers and speech recognition software.

online: <https://innocaption.com/>

### Relay Conference Captioning (RCC)

offers free conference calls, live captioning and web conferencing supports for people who are Deaf, hard of hearing or have speech difficulty.

online: <https://delawarerelay.com/rcc>

call: 833-250-2784



UNIVERSITY OF DELAWARE  
**CENTER FOR  
DISABILITIES STUDIES**

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Developmental Disabilities Council, Margaret M. O'Neill Building, Suite 2, 410 Federal Street, 2nd Floor, Dover, DE 19901 · 302-739-3333 · 302-739-2015 TDD · ddc.delaware.gov